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# FESTIVAL OF ACTIVISM

AGAINST CHILD SEXUAL ABUSE

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18<sup>th</sup> March 2025, Watershed Bristol

#BeyondTherapyFest25



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W E L C O M E T O

# BEYOND Therapy

**We would like to extend our thanks to everyone who has come with an open mind to this year's festival of activism against child sexual abuse.**

The Green House founded the Beyond Therapy festival, which combines arts, activism, and research, so that we can challenge attitudes toward child sexual abuse and re-imagine our society's existing response.

We invite survivors, researchers, practitioners, allies and creatives to join our community of empowered voices – because there's a collective power in coming together to make a change.

## About The Green House

The Green House is an arts-based therapy and support charity dedicated to providing children, young people and families with a safe and creative space to connect, grow, and thrive after experiences of sexual abuse. We recognise that healing reaches beyond individuals; it encompasses families and communities. We are committed to breaking the social silence that surrounds child sexual

abuse and ending the stigma, shame, and loneliness families often feel. Through training, research, and national partnerships, we work to reshape societal perceptions and create a more compassionate and understanding world. Beyond Therapy is our annual festival of activism, designed to write a new narrative about child sexual abuse.



[the-green-house.org.uk](http://the-green-house.org.uk)

 [GreenHseBristol](https://twitter.com/GreenHseBristol)  [GreenHseBristol](https://www.facebook.com/GreenHseBristol)  
 [the.greenhousebristol](https://www.instagram.com/the.greenhousebristol)  [the-gh](https://www.linkedin.com/company/the-gh)

## About Upfront Survivors

This year Beyond Therapy is part of Upfront Survivors, a national survivor-led change-making programme designed and delivered in partnership with SARSAS, Viv Gordon Company and Coventry University. Upfront Survivors, funded by the Home Office Support for Victims and Survivors of Child Sexual Abuse (SVSCSA) Fund 2022/25, brings together child sexual abuse survivor

artists and activists, front line sexual violence services and researchers supporting the CSA survivor community to be upfront – to speak out and step into cultural leadership.



## The Beyond Therapy Festival Shapers Group

### Who are we?

The Beyond Therapy Festival Shapers Group is a working group made up of young people (17-20) from across the UK who collaboratively inform the design and delivery of the festival.

### What do we do?

We meet regularly to co-produce the festival to ensure that it is a meaningful, thoughtful and powerful space for survivors of all ages.

We have made decisions on:

- the festival theme
- the workshop and panel applications
- representation (particularly young people's voices)
- the wellbeing space and supporting people's experience
- art, music and vibes...

Our voices really have shaped every element of today. You will see some of us participating in workshops and panels. We have tried our best to make sure the festival feels welcoming for all.

To those who may be feeling nervous or uncertain about what to expect from today, Rosie (one of our shapers) says:

*"The festival is what you make it. If you want to get super involved and do loads of activities, there's so much going on, you can totally do that. But also if you're nervous or feeling more unsure you can just do what feels right, there's no pressure on any of it. You can always step away to somewhere else... it's really easy because everyone there kind of gets it."*

## VOICE Project at The Green House

The Green House VOICE project is about ensuring the voices of survivors and those with lived experience of supporting them are heard.

We think lived experience should be at the front and centre of conversations about how best to support survivors and their families, and how to prevent sexual harm – here at The Green House and more widely, in health, education and the justice system, in how the media tells our stories and how decision-makers work out what to fund.

This year's festival has been curated by the Beyond Therapy Shapers Group – a first-time collaboration of young people from The Green House and from other CSA projects across the country. It's also been shaped by the regular monthly Green House Parent VOICE Group, "a safe space to use our voices to help make positive changes to a horrendous journey" where 'experienced parents and carers work alongside Green House staff to help shape the support and advocacy available for children, young people and families who have experienced sexual abuse.'

Other recent creations from The Green House VOICE Project include our School Support Guidance – in your wellbeing bags or online **here**. This guidance came out of last year's Beyond Therapy Festival on the theme of Education. "We know education settings can make a massive difference – for better or for worse – to how you feel as a survivor."

Young people, parents and carers with lived experience wanted to share what worked for them or what could have made a difference.



[bit.ly/TGH-support-guidance](https://bit.ly/TGH-support-guidance)

We are also launching our Conversations Between Parents podcast. The Green House Parent VOICE Project have put together a series of episodes based on their time receiving support through our Parent Support Group service.

*"Our hope is that listening can offer a little ray of hope or a virtual hug on a really long and tiring journey."*

For more information about the VOICE Project visit:

**[The-green-house.org.uk/services/groups](https://the-green-house.org.uk/services/groups)** or contact **[voices@the-green-house.org.uk](mailto:voices@the-green-house.org.uk)**



[bit.ly/TGH-parent-support-podcast](https://bit.ly/TGH-parent-support-podcast)

## Credits

### Beyond Therapy Team

**Ashleigh, Madeline, Poppy, Rosie, Ula**  
Beyond Therapy Shapers Group

**Gemma Halliwell**  
CEO, The Green House, Compère

**Candice Harris**  
Lived Experience Consultant, Compère

**Thea Woodrow**  
Festival Director

**Helen Lister**  
Communications and Social Media Officer

**Meg Gibson**  
Project Manager

**Geena Rayner**  
Production Manager

**Katy Moon**  
Festival Coordinator

**Ali Avery**  
Survivor VOICE Coordinator

### Upfront Survivors Team

**Lorri Weaving**  
CEO, SARSAS

**Viv Gordon**  
Artistic Director, Viv Gordon Company

**Kate McStraw**  
Executive Producer,  
Viv Gordon Company

**Prof. Lorna O'Doherty**  
Associate Professor,  
Coventry University

**Dr Grace Carter**  
Associate Professor,  
Coventry University

**Design** Emily Joy Rich [emilyjoyrich.com](https://emilyjoyrich.com)

**Venue** Watershed

**Colouring Sheets** Martha Ford  
[marthaford.co.uk](https://marthaford.co.uk)

**Tardis console** Designed and built by Susannah and Matthew Eggar

# Compères

Our festival is hosted by Gemma Halliwell and Candice Harris. They are passionate about breaking the silence around child sexual abuse.



**Candice Harris**

Candice is a South African actress and author of *Indescribable*, a critically acclaimed book about her childhood sexual abuse. Candice is a Lived Experience Consultant supporting parents and young people at The Lighthouse, a multi agency service for children and young people who have experienced sexual abuse.



**Gemma Halliwell**

Gemma is the CEO of the Green House, a researcher and survivor of child sexual abuse. Gemma's research focuses on how to improve access to support for survivors of sexual abuse and domestic violence.

Together they host "Conversations We've Never Had", a podcast for survivors, families, and practitioners exploring the impacts of child sexual abuse. As survivors, friends and leaders in the sector, Candice and Gemma break barriers by sharing their stories with no boundaries and inviting listeners into a space of shared experience. Together, they navigate the complexities of life as survivors, weaving a powerful tapestry that intertwines themes of trauma, love, and the transformative power of human connection.

You can find them on Instagram and YouTube [@conversationsweveneverhad](https://www.instagram.com/conversationsweveneverhad)

**They welcome you to Beyond Therapy.**



[linktr.ee/conversationsweveneverhad](https://linktr.ee/conversationsweveneverhad)

# A look back at Beyond Therapy 2024



## What's On

On the following pages you will find detailed information about today's sessions. Many of these sessions will be exploring difficult subjects so you can leave at any time without apology if you need to.

There will be qualified therapists based in the Wellbeing area for anyone that may need to check in with them.\*

We have a code of conduct which you can find on pages 25-27. Please familiarise yourself with it and speak to one of our volunteers if you have any questions.

Our workshop sessions will have limited spaces. Registration for workshops will be open before the event via our Eventbrite and The Green House website. Spaces will be allocated on a first come first served basis, however you can also turn up at the room at the start of the session to see if any spaces are still available. If you find that a workshop you would like to attend is full, our volunteers can help you to find another session. Please arrive promptly to workshops, as we may not be able to admit you once the workshop has started.

Our panel discussions don't require sign up and are open to all festival attendees.

We have a restful break planned over lunch. Tea and coffee are available as part of the day. Unfortunately, we can't provide lunch for everyone – as much as we would like to. Lunch is available from the Watershed cafe bar, or you can take a stroll around the Bristol Harbour where you will find many shops and cafés.

This event will address sensitive and difficult subjects and include explicit language. This event is suitable for those over the age of 14.

This event will be relaxed with gentler volumes and house lights on. We invite you to make yourself comfortable and move around if you would like. If you need to leave the room at any point, you will be able to return to the space when you feel ready.


Just to let you know – some of our participants and facilitators have physical and vocal tics, so if you hear any unusual sounds that's why.





Please be respectful and kind to our team and to yourself.

**Please note** – all information provided was correct at time of print.

\*Therapists will be available in a listening support role but will be unable to offer anyone a full individual therapy session. The wellbeing space is a group room staffed by therapists who identify as both male and female.

# Timetable

 = Live captions

	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45
Upstairs Foyer	REGISTRATION / INFO DESK																																			
Cinema 1					<b>WELCOME</b>  Gemma & Candice (p12)				<b>PANEL</b>  Voice Work: Young survivors and their families leading systems change for better healing journeys (p16)				<b>LUNCH BREAK</b>				<b>PANEL</b>  Holistic as healing: Towards a more child-centred response to child sexual abuse (p19)				<b>PANEL</b>  Self-harm, risk and relationships: Building a sense of trust in self and others (p22)															
Waterside 2									<b>WORKSHOP</b> Beyond labels: Creating narratives with survivors of trauma (p14)				<b>LUNCH BREAK</b>				<b>WORKSHOP</b> Empowering parents to support their child's wellbeing and mental health (p17)				<b>WORKSHOP</b> Connecting in colour: A creative workshop exploring mental health and resilience (p20)				<b>WORKSHOP</b> Creating a HOPEBOX (p23)											
Waterside 3									<b>WORKSHOP</b> 'Righteous Rage': Exploring anger and social justice with the ancient practices of Drumming and song (p15)				<b>LUNCH BREAK</b>				<b>PANEL</b> Trauma's gone mainstream: Potential and challenges (p18)				<b>PANEL</b> Poor mental health increases the risk of exploitation (p21)				<b>CLOSE</b> The Good Stuff (p24)											
The Link									<b>DROP IN</b>				<b>WORKSHOP</b> Adventure through time: The power of play and creativity in life (p13)																							
Waterside 1					<b>DROP IN</b> Wellbeing space, open all day (p13)																															
Waterside Corridor	REFRESHMENTS																																			



**WELCOME 10.00-11.00, CINEMA 1**

## Welcome

Capacity 200

### Gemma & Candice

Join festival hosts Gemma & Candice to start our day together. They will welcome you to the festival and introduce you to this year's programme. Their keynote speech explores the creative expression of what healing means. This session will include music by Anouska Assisi and Az and creative reflections from young people and families in response to this year's festival theme "What does mental wellbeing mean for young people following experiences of sexual abuse? What jeopardises it, what supports it and what changes are needed by services and communities?"



**DROP IN WORKSHOP 11.15-15.45, THE LINK**

## Adventure through time:

### The power of play and creativity in life

Creative Minds Taunton and Pippa One Story invite you to adventure through time, with music, art, clay, and words. Create a hacky sack or travel companion. Explore a purpose-built interactive Tardis console with activities supporting mental health. Play, imagine, travel, ground, and explore a creative response to surviving child sexual abuse and exploitation.

[@creativemindstaunton](#)  
[one-story.co.uk](http://one-story.co.uk)

**DROP IN ALL DAY, WATERSIDE 1**

## Wellbeing space

Open all day for people to relax and try some activities away from the panels and workshops.



Therapists will be on hand if you would like to talk to someone on the day. Please note, therapists will not be offering individual therapy sessions but can provide emotional support.



Our therapy team can support you with information and signposting to local sexual abuse services across Avon & Somerset. Our wellbeing space is a group space so please be aware of the limits to confidentiality.





**WORKSHOP 11.15 - 12.15, WATERSIDE 2**



### Beyond labels: Creating narratives with survivors of trauma

**35 places, sign up required**

The workshop introduces a new approach, the Power Threat Meaning Framework, which is becoming influential within and beyond services. It is a co-produced project which draws on trauma-informed ideas in order to support the construction of narratives as an alternative to diagnostic labels. This can help to explain how and why distress arises in the contexts of life events and the sense people make of them. In this way, trauma survivors can be supported to create more hopeful narratives about their difficulties, instead of seeing themselves as blameworthy, weak, or mentally ill. The Framework also shows why those of us without an obvious history of trauma or adversity can still struggle to find a sense of self-worth, meaning and identity.

In this interactive workshop, CSA survivor Sophie Olson will share her own story as an example, and Lucy Johnstone will guide participants to reflect on how it might have been framed in terms of the PTM Framework when she first came into contact with services. Together, the attendees and presenters will discuss the differences between this and standard psychiatric approaches, and the contribution that it might make towards enabling everyone to choose the best path to healing.

[@PTMFramework \(Bluesky\)](#)  
[@TheFlyingChild](#)

**WORKSHOP 11.15-12.15, WATERSIDE 3**

### 'Righteous Rage': Exploring anger and social justice with the ancient practices of Drumming and song

**20 places, sign up required**

Our workshop, *Anger and Social Justice in Child Sexual Abuse*, explores the powerful role of anger in healing and advocacy. Designed for survivors, allies, and professionals, this session provides a space to process trauma through guided discussion and interactive expression. A key component is our partners Vital Beats and their ancient practices of Drum, Ceremony and Song, which allows participants to channel their emotions – transforming pain into empowerment. Through rhythm and movement, we create a safe, supportive environment where anger is recognized not as a burden, but as a catalyst for justice and healing. The facilitators will be accompanied by young people with lived experience who will be sharing some creative writing.

[@Vital\\_beats\\_cio](#)  
[somersexphoenixproject.org.uk](https://somersexphoenixproject.org.uk)



**PANEL 11.15-12.30, CINEMA 1**

## Voice Work: Young survivors and their families leading systems change for better healing journeys

*Capacity 200*

We know many survivors have experiences of being silenced, minimised or disbelieved, and of feeling powerless – in the abuse, in the justice system, in the processes and decisions that follow.

This panel explores experiences of young survivors and their families attempting to use their voices and their power to advocate for better systems and services.

How does participation and change-making contribute to a healing journey? When services establish voice and participation projects, what are the barriers and enablers for engagement? How can services be open to feedback and change? What makes the difference in being able to create meaningful change? Most importantly, how do we ensure that choices are available for both support and change-making – at the right times and in the right spaces – from justice to mental health to education to family and community?

Panel includes: **Lorna O’Doherty** (chair, Professor of Trauma, Mental Health and Recovery, Centre for Healthcare and Communities, Coventry University), **Kate** (TGH Parent VOICE Group), **Madeline** (Beyond Therapy Shapers Group and survivor), **Poppy** (Beyond Therapy Shapers Group, Young Researchers Advisory Panel and speaking from lived experience), **Ali Avery** (Survivor VOICE Coordinator, The Green House)



**WORKSHOP 13.15-14.15, WATERSIDE 2**

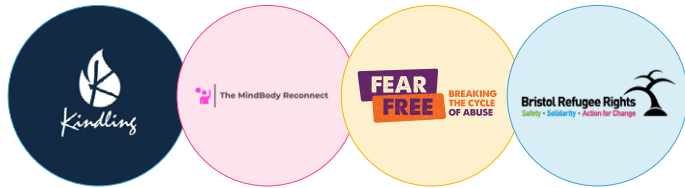
## Empowering parents to support their child’s wellbeing and mental health

*20 places, sign up required*

### **We Stand**

We Stand has over 30 years experience of supporting non-abusing, supportive parents and carers of sexually abused children. This workshop will explore the key issues and challenges faced by parents and carers after a disclosure or discovery of CSA and how this impacts on their capacity to manage and promote good mental health for themselves and the young person in their care. We will explore impactful interventions, practical strategies and useful areas of psycho education for parents and carers to empower them to stay healthy and provide effective support to their children’s mental health. This will include delivered content, reflective discussions and practical activities.

[westand.org.uk](http://westand.org.uk)



**PANEL 13.15-14.30, WATERSIDE 3**

## Trauma's gone mainstream: Potential and challenges

*Capacity 100*

The term trauma has gone mainstream. Does this mainstreaming of trauma genuinely empower survivors, or does it create a new pressure to share more widely than they may want? As the world becomes more "trauma informed" there is a huge opportunity to reduce stigma and increase understanding. However, what are the risks and limitations of trauma-informed practice? How does a trauma informed approach help to prevent burnout for those delivering services? What can trauma teach us about the connections between mind and body? And how can we address the wider social problems and systems that cause trauma in the first place? By exploring these rich questions together, this panel responds to the festival theme of mental health. It aims to increase understanding of trauma informed approaches, as well as offering some critical perspectives and complexity that can deepen that practice. We are looking forward to the conversation.

Panel includes: **Alice Cutler Clarke** (chair, Kindling Interventions), **Alice Bowley** (Health Coach, Mind Body Reconnect), **Gemma Vinton** (Head of Services, Fear Free, and former Detective Chief Inspector at Wiltshire Police), **Tom Daly** (Pride Without Borders and Young People's Immigration Advisor, Bristol Refugee Rights)



**PANEL 13.30-14.45, CINEMA 1**

## Holistic as healing: Towards a more child-centred response to child sexual abuse

*Capacity 200*

The impacts of child sexual abuse include various mental health needs. Yet a focus on pathologising trauma into diagnosable boxes can make young people feel there is something 'wrong' with them and places limitations on their recovery. The language of 'mental health' can itself fall short of representing complex experiences. More often referred to in research with young people are the broader impacts of sexual abuse on emotions, behaviours and relationships. Research also tells us that impacts of abuse and associated needs, differ between younger children and adolescents. This means there is not only a need for dual provision of mental health and broader wellbeing support – but that this needs to be adapted to the developmental stage of the child. The panel includes two young people interested in improving things for young people affected by sexual violence, two researchers, and a practitioner. Drawing on learning from research, practice, and experience, panellists will discuss why it's important to consider the wider contexts and developmental stage of young people's lives when supporting them; reflect on why clinical models of care have dominated; and where opportunities for improvement lie to ensure young people receive the care they need to recover and thrive.

Panel includes: **Claire Soares** (co-chair, University of Bedfordshire's Safer Young Lives Research Centre (SYLRC)), **Megan Elizabeth** (co-chair, a member of the SYLRC's Young Researcher's Advisory Panel), **Dr Camille Warrington** (University of Bedfordshire's SYLRC), **Cath Wakeman** (Imara), **a young person speaking from lived experience**



**WORKSHOP 14.30-15.30, WATERSIDE 2**

### Connecting in colour: A creative workshop exploring mental health and resilience

**30 places, sign up required**

A creative art and writing workshop designed to support youth in their mental health journey after experiencing sexual abuse, specifically touching on those from disadvantaged backgrounds. This safe space will focus on nurturing mental health through the exploration of identity, acceptance, resilience, and the empowering role of creative social activism. Through engaging and expressive activities, participants have the chance to channel their emotions and celebrate their unique self. Fun doodling and drawing exercises will let participants' imaginations flow freely, while writing prompts will guide them to write a poem or love letter to themselves.

[@babbasahub](#)  
[@mvlrika.jpeg](#)



**PANEL 14.45-16.00, WATERSIDE 3**

### Poor mental health increases the risk of exploitation

*Capacity 100*

The panel will discuss whether poor mental health is a factor which increases the likelihood of young people experiencing sexual exploitation. We will consider if this narrative is flawed in its messaging - Does it give the message you are responsible? Are you responsible for your mental health? Or is it more likely that sexual exploitation causes poor mental health in young people?

We will focus our conversation on whether the system around young people's mental health is fit for purpose or is it inadvertently mirroring the experience of exploitation - secrecy, shame, guilt, loneliness, and victim responsibility. No child or young person can consent to their own exploitation, rape, or sexual abuse. No child or young person is to blame for experiencing poor mental health.

Combining the knowledge of experts by experience, Barnardo's practice leads on CSA and CSE & young people's mental health practitioners, we will examine and discuss the reality of the young people's mental health provision, lack of reported practitioner compassion and its ability to meet the needs of those who are survivors/victims of CSE.

We are privileged to have our panel discussion introduced by a phenomenally talented young person and music artist, Az 🎵

Panel includes: **Jodie Pierson** (chair, Team Manager, Somerset Phoenix Project), **Rebecca Trimby** (Team Manager, Barnardo's BACE Project (Barnardo's Against Child Exploitation)), **Carly Johnson** (Counsellor), **a young person speaking from lived experience**, CAMHS practitioner tbc



**PANEL 15.00-16.15, CINEMA 1**

**Self-harm, risk and relationships:  
Building a sense of trust in self and others**

*Capacity 200*

Children and young people who have experienced sexual abuse are three times more likely to attempt suicide in adulthood and a quarter report self-harming behaviours at the point of referral. Early effective support is crucial. Yet most specialist therapeutic services require young people to be “safe and stable” before trauma-processing work can begin. Recent research also suggests that over a third of young people are turned away from CAMHS because their trauma-symptomology presents as “too complex” or “too high risk” for the interventions available. Consequently, young people are being turned away from critical support services.

There is an urgent need to reconceptualise the definition of risk inline with what are common consequences of sexual abuse experiences. This panel discusses why young people should always be included in conversations about risk, how statutory services need to embrace trauma-pathways nationally and why relational approaches to trauma, self-harm and suicidal thoughts/behaviours are critical to increasing preventative and community-based mental health care.

Panel includes: **Duncan Craig** (chair, CEO, We Are Survivors), **Cara Donald** (Area Manager – England Central, Papyrus), **Dr Mia Eisenstadt** (Psychologist and founder, Fatherli), **Parent** (The Green House Voice Project)

**WORKSHOP 15.45-16.45, WATERSIDE 2**

**Creating a HOPEBOX**

*35 places, sign up required*

**Papyrus**

A HOPEBOX goes by a lot of names: crisis box, emergency box, self-soothe box, happy box. You can call it anything that makes you feel comfortable. The idea behind this box is that it is filled with things that can help you to feel better. When you’re feeling upset, anxious, or experiencing thoughts of suicide then you can use the box as a way to feel better.

Join us in creating a personalised HOPEBOX to manage stress and anxiety. We will talk through the impact of stress, and steps of creating your own HOPEBOX to help support your wellbeing. This is a creative workshop with no expectations other than to let your creativity flow. During this session, you will be able to decorate your own HOPEBOX, while we talk through the use of sensory comforts/ distractions that can support you when you are feeling overwhelmed. You can create a list of items for your HOPEBOX, of things that are individual to you and help you to feel calm – we will give suggestions, but as a HOPEBOX is a personalised box of items that help YOU, you may also have ideas of your own. If you feel comfortable, you will be able to share ideas with the group, but there are no expectations/pressure to share anything. We will offer guidance and suggestions of comforts for each of the senses – sight, touch, smell, taste, and sound – and at the end of the session, you can take away your HOPEBOX to fill with your comfort items.

[papyrus-uk.org](http://papyrus-uk.org)



**CLOSE 17:00-17:45, WATERSIDE 3**

## The Good Stuff

The Good Stuff is a 14-piece live gospel, RnB, neo soul and contemporary voice project featuring a full professional rhythm section performing the likes of Kirk Franklin, Hozier and Jill Scott. The band's message is irrespective of faith, only encouraging the enjoyment of uplifting music and the power of song. This band's energy is EVERYTHING on stage, leaving listeners in a feel-good haze of pure joy!

Based in the South West of England, they have played festivals including Bristol Jazz Festival (2023 & 2024), Jazz Stroud (2023), Wilderness (2024) and Stowaway (2024), while becoming household names at celebrated venues such as The Gallimaufry (Bristol), The Bell Inn (Bath) and The Prince Albert (Stroud).

[thegoodstuffgoodstuff.com](http://thegoodstuffgoodstuff.com)



# Code of Conduct

*Credit: Sexual Harm and Medical Encounters (SHaME) and Women of the World Foundation (WoW)*

## Introduction

Beyond Therapy wants to create an event that provides a respectful, inclusive and safe space for all of our attendees.

We have decided to use WoW's existing code of conduct as the foundation for Beyond Therapy to ensure our festival is enjoyable for all attending.

You can read more about the SHaME research project here:

[www.shame.bbk.ac.uk](http://www.shame.bbk.ac.uk)

To read the code in full, please head to:

[thewowfoundation.com/code-of-conduct](http://thewowfoundation.com/code-of-conduct)

## Principles for participation:

We want Beyond Therapy to be a community of, and be in solidarity with, people from every gender identity and expression, sexual orientation, language, disability, mental illness, neuro (a) typicality, physical appearance, body size, race, ethnicity, culture, political opinion, age, skill level, occupation, background or religion. Our principles are listed over the next few pages.

If you'd like support on the day, please come and chat to one of our onsite therapists, visit the therapy dogs or let a member of staff know so we can help you.

## Reporting

Please contact a Beyond Therapy Festival team member (identifiable by a lanyard) immediately if you are experiencing any form of harassment or discrimination, or if you feel unsafe. We ask all participants to report any behaviour that is not in line with our code of conduct.

## Complaints

If you have any feedback or a complaint about the event, please do not hesitate to get in touch by email at [info@the-green-house.org.uk](mailto:info@the-green-house.org.uk)

*Continued overleaf...*

Help to create a safe space for all participants.

Our principles are:

- **Be an active bystander** – if you see abuse happening (verbal, physical, online), report it to a Beyond Therapy member of staff or The Watershed front of house staff immediately and show kindness to the person who is experiencing the abuse
- Seek meaningful human connection
- Be open to transformation (big or small)
- Have an open mind – be prepared to unlearn patterns of behaviour or ideologies
- Show up to our events from a place of curiosity, learning and respect. Be mindful that curiosity can be uncomfortable because it requires uncertainty and vulnerability
- Be collaborative, participate, but active listening is okay with us too
- Recognise and value diversity
- Respect the privacy of participants
- Be aware of language diversity
- Handle disagreement constructively
- Call out biases or prejudices, but refrain from shaming
- We ask you to extend the most generous interpretation to the intentions, words and actions of others. Our assumption of generosity puts our faith in people that they are doing the best they can
- We ask you to join us in creating a space that enables each other to ask for what we need and to talk about how we feel without judgment – doing this will enable us to collectively develop strategies for hope
- We ask you to acknowledge that people have different levels of support systems
- We ask you to be mindful that people can be triggered by lots of different factors, some which may not be clear or obvious
- We believe that people can be vulnerable and treated with dignity and respect

To be part of a Beyond Therapy organised event or channel, please opt in, agree and adhere to our code of conduct. Anyone who violates this code of conduct may be removed from Beyond Therapy spaces. If you have difficulty understanding or following this code of conduct, please let us know so that we can help you.

We are committed to protecting and safeguarding all of our participants and speakers. We do not tolerate:

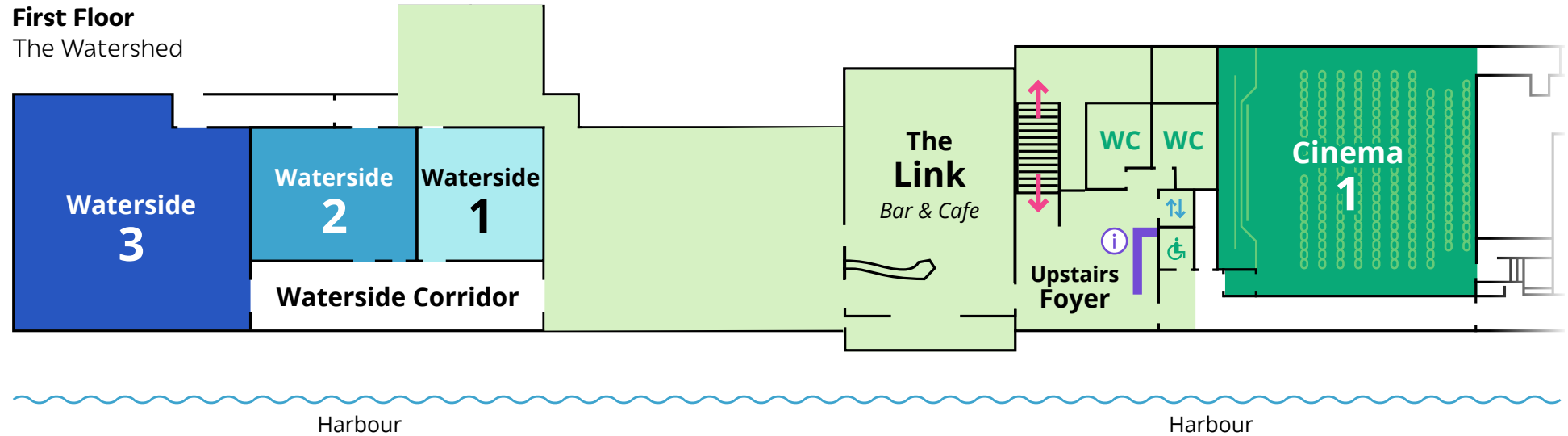
- Offensive language and comments relating to gender, gender identity and expression, sexual orientation, disability, mental illness, neuro (a) typicality, physical appearance, body size, age, race, ethnicity, culture, political opinion, age, skill level, occupation, background or religion. Unwelcome comments regarding a person's lifestyle choices and practices, including those relating to food, health, parenting, drugs and employment
- Harassment and stalking
- Harassing photography or recording, including logging online activity for harassment purposes
- Hate speech, inflammatory or derogatory language
- Discrimination of any kind, including micro-aggressions or subtle displays of prejudice
- Violence, incitement or threats of violence or intimidation
- Personal attacks
- Encouraging behaviour that violates the code of conduct
- Unwelcome sexual attention or physical contact
- Sexually explicit, violent or triggering material that is not contextualised and preceded by a warning
- Deliberate misgendering or use of 'deadnames' or rejected names
- Deliberate "outing" of any aspect of a person's identity without their consent except as necessary to protect vulnerable people from intentional abuse

Participants who are asked to stop any kind of the above behaviour are expected to comply immediately. If a participant engages in any of the above behaviour, the Beyond Therapy team may take any action we deem appropriate, up to and including expulsion from all event space.

# Map

## First Floor

The Watershed



- i Registration Desk
- ♿ Accessible Inclusive Toilet
- WC Gender Neutral Toilets
- WC Gendered Toilets
- ↑↓ Lift
- Entrance / Exit
- Public spaces

Please note that the Watershed Café/Bar area (including the Link), downstairs box office, upstairs foyer and toilets are open to the public (non-festival attendees) throughout the day. Panel, workshop, and well-being spaces are open to festival attendees only. We are operating a wristband system at the festival to

monitor entry to these spaces, and we ask for your kind co-operation. All Beyond Therapy staff and volunteers can be identified by their lanyards with the Beyond Therapy logo. We welcome you to approach team members for assistance if needed.





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A blank white page with rounded corners, featuring 20 horizontal dashed lines for writing. The page is set against a background with a pink-to-teal gradient.



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[the-green-house.org.uk](http://the-green-house.org.uk)

With thanks to our festival partners:



**WATERSHED**