

Support for parents and carers

Finding out that your child or someone you care about has been affected by sexual abuse can be very distressing.

Our Family Support Practitioner offers emotional support and guidance to parents and carers of children and young people referred to our service. This support is flexible and can involve one-off visits, conversations over the phone or a series of sessions. More information about this support can be found on our website.

Multiagency liaison

As part of the work we do, with your permission, we may work with any other agencies involved in supporting your child or young person. For example, social services or the police.

Other sources of support

Further information about other organisations supporting children and young people and our adults counselling service can be found on our website.

www.the-green-house.org.uk

The Survivor Pathway website is also a useful place to find out more about local sexual abuse services in the South West for people of all ages.

www.survivorpathway.org.uk

Find out more:

www.the-green-house.org.uk

info@the-green-house.org.uk

0117 935 1707



The Green House is a registered charity.
Registered Charity Number 800806.

The Green House is a company limited by guarantee.
Registered in England 2414332.

The Green House adheres to the BACP Ethical Framework for Good Practice in Counselling and Psychotherapy BACP Organisational member (No. 169416).

The Green House adheres to The Survivors Trust National Standards.

CHILDREN AND YOUNG PEOPLE'S THERAPEUTIC SERVICE

Specialist one-to-one therapy for children and young people who have experienced any kind of sexual abuse or assault, and support for their families.





Our care is excellent

Welcome to The Green House

We are a Bristol-based charity dedicated to helping people affected by sexual abuse and assault.

We provide free, specialist therapy services for adults, children and young people of all ages and backgrounds.

We have been doing this work for over 30 years. Each of our therapists have extensive experience in working with childhood trauma.

"I would like to say thank you. You have been a significant light in a dark time in our family's life."

Our Children and Young People's Therapeutic Service

Sexual abuse can impact people in lots of different ways. Our team use creative therapies, such as art and drama therapy, to help children and young people explore their feelings and experiences in a way that feels right for them.

Children and young people choose how they would like to use their therapy sessions. Often this can involve activities such as drawing, painting, story-telling and play to better understand their emotions and the trauma they have experienced. Having a safe space to ask questions and express difficult feelings can be helpful for managing the challenges they face and how to think about the future.

We offer each child and young person up to 24 sessions of therapy, with the same therapist, at the same time and location each week. Every 6 weeks we review the work which has taken place and decide if further sessions would be helpful. The review may involve meeting with parents/carers or might be conducted with the young person themselves.

How to access the service?

We take referrals from professionals, parents and carers, and young people themselves.

To refer a child or young person to our service, contact our team on **0117 935 1707** or email **info@the-green-house.org.uk**.

It is important to note that for children and young people to be eligible for our service they must:

- be under 18 years of age
- have experienced some form of sexual abuse, rape or sexual assault
- have told a statutory service about this e.g. social services or the police
- be in a safe and stable environment

Once the referral process has been completed, the child or young person will be added to our waiting list for therapy. Waiting times can vary but we will confirm at the referral stage how long this is likely to be.